

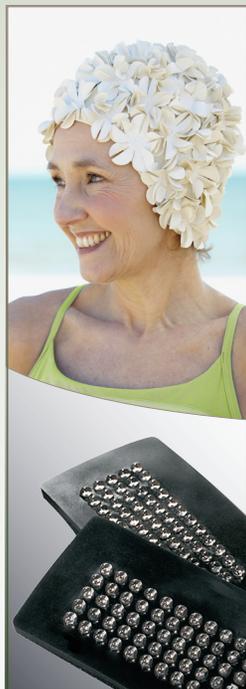
## Anodyne® Therapy has helped thousands of people just like you.

"I am a 73 year old female. I have suffered from foot and leg pain since the early 90's. I read about Anodyne Therapy in a newspaper column, and checked the website. I received a doctor's prescription for the therapy for 10 weeks at a local provider. I took two or three treatments a week. I have been pain free for 30 days and off all of my medications. I am so thankful to be relieved from all the burning stabbing pain."

- H. Griffin, Lincoln, NE

"Anodyne Therapy has been a life-saver for me."

- H. McElroy, Joliet, IL



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Your local Anodyne® Therapy Provider

TO READ MORE  
PATIENT TESTIMONIALS VISIT  
[www.anodynetherapy.com/patients](http://www.anodynetherapy.com/patients)

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 **Anodyne® Therapy**  
The Trusted Name in Light Therapy



## Anodyne® Therapy Treatments What to Expect

**PAIN RELIEF**  
**INCREASED CIRCULATION**  
**IMPROVED QUALITY OF LIFE**

# What is Anodyne® Therapy?

As part of your plan of care, you will be receiving treatment with a technology called Anodyne® Therapy, an infrared light therapy system that can be applied to any area of the body.

The infrared light emitted from this system stimulates a temporary increase in local blood circulation, (delivering oxygen and nutrients where they are needed) and also provides temporary relief of pain, stiffness and muscle spasm.

Anodyne® Therapy is drug-free, non-invasive and most importantly - safe. This system was cleared by the FDA in 1994 and is used in over 6,000 healthcare facilities across the United States.



## What might you experience during treatment?

Typically, patients will receive treatments with an Anodyne® Therapy System along with a therapy plan of care. It is important not to discontinue your treatment plan until you are discharged or have spoken with your therapist. There are no known side effects of Anodyne® Therapy, however, please be aware of the following points:

- **Patients normally feel a soothing warmth.** If the Therapy Pads feel too warm, tell your Anodyne® Provider right away so the intensity can be adjusted.
- **Your skin in the treatment area may be slightly pink after treatment.** This is a sign of increased circulation and should disappear within a few hours. If this persists longer than a few hours, notify your Anodyne® Provider at your next session.
- **You may feel some tingling or minor pain at first.** Again, this is a sign of increased circulation, and is actually a positive sign that the treatment is working for you. If these feelings do not go away within a few weeks, talk to your Anodyne® Provider as they can adjust their protocol.
- **If you have diabetes, monitor your blood sugars regularly,** as you are likely beginning a new exercise program. Please note, the use of Anodyne® Therapy alone does not cause hypoglycemia.



Please visit [anodynetherapy.com](http://anodynetherapy.com) for full prescribing information.

## Will my symptoms stay away?

Most people experience substantial relief from pain and discomfort with Anodyne® Therapy treatments, even if their symptoms are associated with a chronic condition.

For those patients with chronic conditions however, symptomatic relief will be lost over time without ongoing treatment. Therefore, we encourage patients who have responded favorably to clinical treatments to obtain a home-use system after discharge.

Approximately one week prior to your program completion, call 1-800-521-6664 to request a FREE home system information kit. Also included is an entry form with a chance to win a **FREE home system!**

## QUESTIONS?

**TALK TO YOUR LOCAL ANODYNE® PROVIDER OR CALL 1-800-521-6664**

